

LIFESPAN GROWTH & DEVELOPMENT (PSYC 2314)

CREDIT

3 Semester Credit Hours (3 hours lecture, 0 hours lab)

MODE OF INSTRUCTION

Online

PREREQUISITE/CO-REQUISITE:

TSI Complete in Reading

COURSE DESCRIPTION

Life-Span Growth and Development is a study of social, emotional, cognitive, and physical factors and influences of a developing human from conception to death.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to

- Describe the stages of the developing person at different periods of the life span from birth to death.
- Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
- Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
- Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
- Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
- Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
- Discuss the various causes or reasons for disturbances in the developmental process.

CORE OBJECTIVES MEASURED

- **Communication Skills (COM)** - effective development, interpretation and expression of ideas through written, oral and visual communication.
- **Critical Thinking Skills (CT)** - creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information.
- **Empirical and Quantitative Skills (EQS)** - manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- **Social Responsibility (SR)** - intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.



**LAMAR INSTITUTE
OF TECHNOLOGY**

Approved: Initials/date

INSTRUCTOR CONTACT INFORMATION Instructor:

Brittney Strother

Email: bstrother@lit.edu

Office Phone: N/A

Office Location: Virtual

Office Hours: By Appointment

REQUIRED TEXTBOOK AND MATERIALS

The class will utilize the OER e-text which can be found at:

<https://dept.clcillinois.edu/psy/LifespanDevelopment.pdf>

<https://oercommons.org/courses/lifespan-development-a-psychological-perspective>

LIFESPAN DEVELOPMENT- *Martha Lally and Suzanne Valentine - French*

ATTENDANCE POLICY

For every hour in class (or unit of credit), students should expect to spend at least two to three hours per week studying and completing assignments. For a 3-credit-hour class, students should prepare to allocate approximately six to nine hours per week outside of class in a 16- week session OR approximately twelve to eighteen hours in an 8-week session. **Online/Hybrid students should expect to spend at least as much time in this course as in the traditional, face-to-face class.**

Please note that while this is an online class, 'attendance' still matters. Students will meet the attendance requirement by following the course schedule in order to submit assignments by specific due dates each week. Students are also expected to participate in a discussion board each week that also counts towards attendance and participation.

DROP POLICY

If you wish to drop a course, you are responsible for initiating and completing the drop process. If you stop coming to class and fail to drop the course, you will earn an "F" in the course.

COURSE CALENDAR

Week	Content	Due Dates
Week 1 July 8 th - 12 th	Course Introduction Please read over the syllabus provided by the instructor. Take the time to familiarize yourself with blackboard, as in learn where things like assignments and the syllabus are located. Chapter 1- Introduction to Lifespan Development	07/10/2026 – Discussion Board Response to Prompt @ 11: 59 PM 07/12/2026 – Syllabus Quiz @ 11:59 PM 07/12/2026 – Chapter 1 Quiz @ 11:59 PM 07/12/2026 – Discussion Replies @ 11:59 PM
Week 2 July 13 th - 19 th	Chapter 2 – Heredity, Prenatal Development, and Birth Chapter 3 – Infancy and Childhood	07/17/2026 – Discussion Board Response to Prompt @ 11: 59 PM 07/19/2026 – Chapter 2 Quiz @ 11:59 PM 07/19/2026 – Chapter 3 Quiz @ 11:59 PM 07/19/2026 – Chapter Assignment (Optional +5 Exam 1) 07/19/2026 – Grow A Baby! Progress Chapters 1 – 3 (Optional +4 Points) 07/19/2026 – Exam 1 @ 11:59 PM 07/19/2026 – Discussion Replies @ 11:59 PM

Week 3 July 20 th – 26 th	Chapter 4 – Early Childhood Chapter 5 – Middle and Late Childhood	07/24/2026 – Discussion Board Response to Prompt @ 11: 59 PM 07/26/2026 – Chapter 4 Quiz @ 07/26/2026 – Chapter 5 Quiz @ 11:59 PM 07/26/2026 – Grow A Baby! Progress Chapters 1 – 5 (Optional +4 Points) 07/26/2026 – Discussion Replies @ 11:59 PM
Week 4 July 27 th - August 2 nd	Chapter 6 – Adolescence Chapter 7 - Emerging Adulthood	07/31/2026 – Discussion Board Response to Prompt @ 11: 59 PM 08/02/2026 – Chapter 6 Quiz @ 11:59 PM 08/02/2026 – Chapter 7 Quiz @ 11:59 PM 08/02/2026 – Chapter Assignment (Optional +5 exam 2) 08/02/2026 – Grow A Baby! Progress Chapters 1 – 7 (Optional +2 Points) 08/02/2026 – Exam 2 @ 11:59 PM 08/02/2026 – Discussion Replies @ 11:59 PM
Week 5 August 3 rd - 7 th	Chapter 8 – Middle Adulthood Chapter 9 – Late Adulthood	08/05/2026 – Discussion Board Response to Prompt @ 11: 59 PM

		08/07/2026 – Chapter 8 Quiz @ 11:59 PM 08/07/2026 – Chapter 9 Quiz @ 11:59 PM 08/07/2026 – Discussion Replies @ 11:59 PM
Week 6 August 8 th – 14 th	Chapter 10 – Death and Dying	08/14/2026 – Chapter 10 Quiz @ 11:59 PM 08/14/2026 – Chapter Assignment (Optional +5 Exam 3) 08/14/2026 –Exam 3 08/14/2026 – Grow A Baby! Project @ 11:59 PM

COURSE EVALUATION

Final grades will be calculated according to the following criteria:

- **Module Exams (3 in total):** 50%
- **Grow A Baby! Project (Core Assessment) (1 in total):** 20%
- **Grow A Baby! Check-In (Optional, Bonus points awarded to Core Assessment score)**
- **Module Assignment (3 in total):** Optional Assignments (+5 to exams if completed)
- **Quizzes (10 in total):** 15%
- **Discussion Boards (4 in total):** 15%

GRADE SCALE

- 90-100 A
- 80-89 B
- 70-79 C
- 60-69 D
- 0-59 F

TECHNICAL REQUIREMENTS

The latest technical requirements, including hardware, compatible browsers, operating systems, etc. can be online at <https://lit.edu/online-learning/online-learning-minimumcomputer->

[requirements](#). A functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of online technology and resources.

DISABILITIES STATEMENT

The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of 1973, Section 504 and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is located in the Eagles' Nest Room 129 and helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409)-951-5708 or email specialpopulations@lit.edu. You may also visit the online resource at [Special Populations - Lamar Institute of Technology \(lit.edu\)](#).

STUDENT CODE OF CONDUCT STATEMENT

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at www.lit.edu. Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.

ARTIFICIAL INTELLIGENCE STATEMENT

Lamar Institute of Technology (LIT) recognizes the recent advances in Artificial Intelligence (AI), such as ChatGPT, have changed the landscape of many career disciplines and will impact many students in and out of the classroom. To prepare students for their selected careers, LIT desires to guide students in the ethical use of these technologies and incorporate AI into classroom instruction and assignments appropriately. Appropriate use of these technologies is at the discretion of the instructor. Students are reminded that all submitted work must be their own original work unless otherwise specified. Students should contact their instructor with any questions as to the acceptable use of AI/ChatGPT in their courses

STARFISH

LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.

Late work Policy

Students are expected to turn in assignments, quizzes, and exams on time. However, the instructor does acknowledge that things can happen in life that can prevent students from submitting work on time.

- Students may submit assignments and quizzes late, with five points being deducted each day after until the assignment has lost 25 points. After five days, an assignment/quiz that is late will not be accepted unless the instructor has given prior approval.
- Discussion boards and Exams will not be accepted after the due date unless there is an excused absence. This can be achieved by emailing the instructor before the due date with an appropriate excuse, such as a doctor's note.

Please note that the instructor **will not accept any late work after the last day of the course.**

Please refer to the course calendar for that specific date.**